

Stabilizing Families, Transforming Lives

Spring/Summer 2015

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Healthy Kids = Happy Moms :)

During the summer break many children from low-income families won't have access to healthy meals that they usually eat at school.

In the months of June and July we will provide an additional 80,000 pounds of food by offering groceries twice each month to families with school-age children. Our focus will be nutritious foods like fresh produce, fresh and frozen meats, 100% fruit juice and a variety of kids' favorites like applesauce, macaroni & cheese, and peanut butter & jelly.

**Please make a donation today
so that we can help moms provide
healthy meals for their children!**



Back-to-School Supplies

Even though school is just out for the summer, it is not too early to start thinking about back-to-school supplies. We provide new back-packs and school supplies to better equip students for the school year. We rely on the generosity of our supporting churches and our friends to help provide these much-needed supplies. Please consider organizing a school supply drive through your Church, Sunday School Class, Civic Club, Workplace, or Neighborhood Association.

Most needed supplies are back-packs, notebook paper, composition books, spiral notebooks, ink pens, crayons, and glue sticks.



caring

sharing

South Cobb Wellness Day

Saturday, September 19, 2015, Collar Park in Austell

Join us for a day of fun and information for the entire family. This event brings together representatives from all 8 dimensions of wellness to inform and educate our citizens.

Kid's Zone Informative Workshops Food, Prizes and More



Austell, Georgia

This event is designed to increase awareness about wellness within our communities and to help extend the longevity and quality of life of its citizens. Sweetwater Mission is once again partnering with Social Concepts and Development Services to present the 2015 Joining Hands in Wellness Event. The partnership focus is on ways to incorporate the 8 Dimensions of Wellness—mental, emotional, financial, physical, occupational, intellectual, social, and spiritual—into a person's life as part of a holistic lifestyle. Let's join hands to make a healthier community a reality. For more information visit www.wellnessdaysouthcobb.com.



Walls are coming down, spaces are opening up, new shelving and displays are on the way. So what's going on in the Food Pantry?

Two years of praying, planning, and hard work have led us to an innovative new client choice model. This exciting new "market" atmosphere will greatly enhance the experience for both clients and volunteers.

Stay tuned for our Grand Opening announcement in August!



To better serve the needs of our community we have expanded our Food Pantry hours to include Saturdays. We will be open for walk-in services from 9:00 am to 12:30 pm.

If your work schedule prevented you from volunteering in the past, you now have the opportunity to make a real difference in your community.

If interested you can contact Barb@SweetwaterMission.org.

Save the Date



Empty Plate Gala

Friday, October 23

Presbyterian Village Center
Dinner & Entertainment

Silent Auction

*Help fill empty plates
in your community!*

Thanks to Our Community Partners:



COBB COMMUNITY
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Sweetwater Mission is very excited to announce that we are now an official ministry partner with Crossroads Career Network comprised of more than 100 members in over 20 states.

Our new Career Connections program is designed to help job-seekers who are unemployed, underemployed, starting a career, or changing careers through job and career search resources and hands-on networking.

Job-seekers benefit from contacts, ideas, and encouragement they receive at the bi-monthly facilitated meetings. Professional speakers present workshops on relevant topics such as Marketing Yourself, Interviewing Skills, "Get Noticed" Resume Writing, Workplace Practices and more.

Participants will also have unlimited 24/7 access to over 200 continuously updated links to relevant career sites, dozens of articles, and get the "Maximize Your Career" workbook, featuring a 6-step career development course, job search, and discovering God's calling.

Beginning July 16th workshops are scheduled at Sweetwater Mission every first and third Thursday with networking beginning at 6:30 pm.

Helping People Find Jobs, Careers, and God's Calling

"I will be starting my new job soon. The things I learned at your career workshops proved to be invaluable. Above all, the reminder to be 100% positive and to not worry proved to be the clinchers." J. Butler

For more information contact Darlene Duke at 770-819-0662 ext. 11 or send an email to Darlene@SweetwaterMission.org



So far this year...



7,499

Volunteer Hours



5,798

Families Served



396,347

Pounds of Food



65,999

Pounds of Fresh Produce



43,909

Clothing Items

Thanks to Our Community Partners:



giving

**Preventing hunger and homelessness
has been our mission since 1968.**

We help stabilize families by providing basic needs
and transform lives through education
and creative employment opportunities.

Thank you for supporting our mission
through prayer, volunteering, in-kind gifts,
monetary donations and foundation giving.

Learn more about us at
www.SweetwaterMission.org



Volunteers are Always Needed!

Contact Barb Cogliano at 770-819-0662, ext. 19
or Barb@SweetwaterMission.org.



*Thank You WellStar Health System
for printing this newsletter*

*"Let your light so shine before men, that they may see your good works and glorify your Father in Heaven."
Matthew 5:16*



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